

*For Immediate Release*

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January 20, 2006

PSA-002

## Find Enlightenment in Zen Dish Gardening

Green Spring Gardens will feature Zen dish gardening on Saturday, January 28, 2006 from 2 to 3:30 p.m. This family fun program will help you find enlightenment in Zen gardening as you learn the meaning and significance of its simple elements: water and stone. The program will take place in the horticultural center. Design and build your own "laptop" Zen garden, then tour the tropical greenhouse to meditate, contemplate or simply relax. This program is appropriate as a family project, especially geared for youngsters ages six to nine years old. The cost is \$10 per project.

For more information call 703-642-5173. The gardens are located at 4603 Green Spring Road in Alexandria. To reach Green Spring Gardens from I-495 take Exit 52B (Little River Turnpike East.) Travel 3.5 miles. Turn left on Braddock Road. Drive 2/10ths mile and turn right onto Witch Hazel Road. From I-395: Take Exit 3B (Little River Turnpike West.) Travel 1.25 miles. Turn right on Braddock Road. Drive 2/10ths mile and turn right onto Witch Hazel Road.

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*Fairfax County is committed to a policy of nondiscrimination in all county programs, services and activities and will provide reasonable accommodations upon request. To request special accommodations, call 703-324-8563 or TTY 703-324-3988. Please allow ten working days in advance of events in order to make the necessary arrangements.*